

Curriculum Vitae

Fabienne Witassek

Personal Data

Name Fabienne Witassek
Date/place of birth 30 Januar 1981/Berne, Switzerland
Title Master of Science in Human Biology
Office address Epidemiology, Biostatistics and Prevention Institute, University of Zurich,
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Education

09/2007-06/2013 **Master of Science in Human Biology**, University of Zurich
08/2005-07/2007 **Matura**, Kantonale Maturitätsschule für Erwachsene, Zurich
2000-2003 **Dipl. Nutritionist HF**, School of Nutrition Consulting, Zurich, incl. 6 month
internships (Orthopedics Balgrist University Hospital, Olten Cantonal
Hospital, GZO Hospital Wetzikon, Triemli Hospital Zurich)
1996-1999 **Diplommittelschule**, Bülach

Professional Positions

04/2013-present **Scientific Staff Member**, Epidemiology, Biostatistics and Prevention
Institute (EBPI), University of Zurich (AMIS Plus Data Center and Health
Economic Unit)
07/2006-present **Dipl. Nutritionist HF and Scientific Assistant**, Center for Pediatric
Endocrinology Zurich
06/2006-08/2013 **dipl. Nutritionist HF**, Praxis für Ernährung Zurich
02/2004-12/2004 **dipl. Nutritionist HF**, Triemli Hospital Zurich
10/2003-11/2003 **dipl. Nutritionist HF**, GZO Hospital Wetzikon

Awards

- 2003 Nestlé Ernährungspreis in the field of communication for the thesis „Ich bin zuckerkrank“ - eine Lernhilfe für Kinder mit Diabetes mellitus Typ 1 im Alter von 8-10 Jahren

Research

Research interests:

- Epidemiology of chronic diseases, in particular heart diseases, diabetes and cardiovascular risk factors
- Physical activity in children

Publications:

- **Witassek F**, Schwenkglens M, Erne P, Radovanovic D. Impact of Body Mass Index on mortality in Swiss hospital patients with ST-elevation myocardial infarction: does an obesity paradox exist? Swiss Med Wkly. 2014 Aug 7;144:w13986.
- Spescha RD, Glanzmann M, Simic B, **Witassek F**, Keller S, Akhmedov A, Tanner FC, Lüscher TF, Camici GG. Adaptor protein p66(Shc) mediates hypertension-associated, cyclic stretch-dependent, endothelial damage. Hypertension. 2014 Aug;64(2):347-53.
- Meinhardt U, **Witassek F**, Petrò R, Fritz C, Eiholzer U. Strength training and physical activity in boys: a randomized trial. Pediatrics. 2013 Dec;132(6):1105-11.
- Eiholzer U, Meinhardt U, Petrò R, **Witassek F**, Gutzwiller F, Gasser T. High-intensity training increases spontaneous physical activity in children: a randomized controlled study. J Pediatr. 2010 Feb;156(2):242-6.
- „Ich bin Diabetiker“ – Diabetesernährung im Alltag, eine Lernhilfe für Kinder mit Diabetes mellitus Typ 1. Andrea Dolder, **Fabienne Witassek**, Nestlé Nutrition Service (2005)