

Gregor James Jenny, Dr. sc. ETH

born 3 August 1976, Swiss-Australian

Education

- 2010-2011 Desktop Publisher (DTP)
2007-2009 Doctorate at ETH Zurich, Department of Management, Technology and Economics (D-MTEC); Dr. sc. ETH, with honors
1996-2003 Studies in Applied Psychology, Film and Modern History, University of Zurich, Faculty of Arts; MSc UZH
1989-1996 Grammar school in Gossau SG (Maturität Typ B, Latein)
1983-1989 Primary school in Andwil SG

Private Interests

Image & Text; Color & Shape; Person & System; analogue & digital

Research Interests

Development of Health in Organizations; Understanding and Changing Social Systems; Combining the Logics of Health Promotion and Corporate Management; Conceptualization of Health; Applied Methods for Intervention and Evaluation Research

Professional Career

- since 2012 Senior Researcher, Division Public & Organizational Health (POH), Epidemiology, Biostatistics and Prevention Institute (EBPI), University of Zurich; before 09/2014: Institute of Social and Preventive Medicine, University of Zurich and Center for Organizational and Occupational Sciences, D-MTEC, ETH Zurich
2004-2012 Project Manager / Scientific Staff, Division Public & Organizational Health (POH), Institute of Social and Preventive Medicine, University of Zurich and Center for Organizational and Occupational Sciences, D-MTEC, ETH Zurich
2003-2005 Scientific Staff, University of Applied Sciences of Special Needs Education (HfH), Zurich
2002-2003 Scientific Assistant, Division Health and Intervention Research, Institute of Social and Preventive Medicine, University of Zurich
2001-2002 Project Assistant, Department of Education, Zurich, Office of Youth and Career Guidance

Lecturer

University of Zurich
Zurich University of Applied Sciences (ZHAW)

Reviewer

Health Promotion International
Wirtschaftspsychologie

Memberships

European Academy of Occupational Health Psychology (EAOHP)
European Association of Work and Organizational Psychology (EAWOP)

Publications (recent selection)

- Jenny, G. J., Brauchli, R., Inauen, A., Füllemann, D., Fridrich, A., & Bauer, G. F. (2014). Process and outcome evaluation of an organizational-level stress management intervention in Switzerland. *Health Promotion International*, 1–13. doi:10.1093/heapro/dat091
Brauchli, R., Schaufeli, W. B., Jenny, G. J., Füllemann, D., & Bauer, G. F. (2013). Disentangling stability and change in job resources, job demands, and employee well-being — A three-wave study on the Job-Demands Resources model. *Journal of Vocational Behavior*, 83(2), 117–129.
Vogt, K., Jenny, G. J., & Bauer, G. F. (2013). Comprehensibility, manageability and meaningfulness at work: Construct validity of a scale measuring workrelated sense of coherence. *SA Journal of Industrial Psychology*, 39(1), 1–8. doi:10.4102/sajip.v39i1.1111

Inauen, A., Jenny, G.J., & Bauer, G. F. (2012). Design principles for data- and change-oriented organisational analysis in workplace health promotion. *Health Promotion International*, 27(2), 275–83. doi:10.1093/heapro/dar030

Mueller, F., Jenny, G.J., & Bauer, G. F. (2012). Individual and organizational health-oriented readiness for change: Conceptualization and validation of a measure within a large-scale comprehensive stress management intervention. *International Journal of Workplace Health Management*, 5(3), 220–236.

Books

Bauer, G. F., & Jenny, G.J. (Eds.). (2013). *Salutogenic organizations and change: The concepts behind organizational health intervention research*. Dordrecht: Springer.

Books Chapters (recent selection)

Bauer, G. F., Lehmann, K., Blum-Rüegg, A., & Jenny, G.J. (2014). Systemic consulting for organizational health development: Theory and practice. In G. F. Bauer & O. Hämmig (Eds.), *Bridging occupational, organizational and public health* (pp. 117–132). Dordrecht: Springer.

Hoffmann, S., Jenny, G.J., & Bauer, G. F. (2014). Capacity building as a key mechanism of organizational health development. In G. F. Bauer & O. Hämmig (Eds.), *Bridging occupational, organizational and public health* (pp. 103–116). Dordrecht: Springer.

Jenny, G.J., & Bauer, G. F. (2013). The limits of control: A systemic, model-based approach to changing organisations towards better health. In G. F. Bauer & G. J. Jenny (Eds.), *Salutogenic organizations and change: The concepts behind organizational health intervention research* (pp. 167–187). Dordrecht: Springer.

Jenny, G., Brauchli, R., & Deplazes, S. (2012). Arbeit und Gesundheit – eine systemisch-ressourcenorientierte Perspektive. In C. Steinebach, D. Jungo, & R. Zihlmann (Eds.), *Positive Psychologie in der Praxis* (pp. 162–169). Weinheim: Beltz.

Bauer, G. F., & Jenny, G.J. (2012). Moving towards positive organizational health: challenges and a proposal for a research model of organizational health. In J. Houdmont, S. Leka, & R. R. Sinclair (Eds.), *Contemporary Occupational Health Psychology: Global perspectives on research and practice* (pp. 126–145). Chichester: John Wiley & Sons.

Bauer, G. F., & Jenny, G.J. (2012). Anspruch und Wirklichkeit: Zum aktuellen Stand der Betrieblichen Gesundheitsförderung. In G. Faller (Ed.), *Lehrbuch Betriebliche Gesundheitsförderung* (pp. 66–75). Bern: Hans Huber.

Conference Contributions (recent selection)

Ipsen, Ch. & Jenny, G.J. (2014). Organizational Health Intervention Research: current empirical developments (Symposium). 11th EAOHP Conference, 14-16 April, London, UK.

Jenny, G.J., Bauer, G. F., Brauchli, R., Vogt, K., Inauen, A., & Blum-Rüegg, A. (2013). Organizational health intervention research – model, indicators and practical approach to building capacities for positive health in organizations (Symposium). 16th EAWOP Conference, 22-25 May, Munster, Germany.

Jenny, G.J., Bauer, G. F., Brauchli, R., Weber, L., & Hottinger, N. (2012). Evaluation of a multilevel stress management project in the field: Evaluation approach and key results (Symposium). 10th EAOHP Conference, 11-13 April, Zurich, Switzerland.

Jenny, G.J., Hoffmann, S., Blum-Rüegg, A., Lehmann, K., & Bauer, G. F. (2012). Systemic organizational health development: A model focusing on individual and organizational health capacities. 10th EAOHP Conference, 11-13 April, Zurich, Switzerland.