CURRICULUM VITAE Susi Kriemler Wiget

Epidemiology, Biostatistics and Prevention Institute, University of Zürich Hirschengraben 84, 8001 Zürich, Switzerland. Email: susi.kriemlerwiget@uzh.ch

PERSONAL DATA

born March 18th, 1961 in St. Gallen, Switzerland, married to Urs Wiget, 2 children (Sophie 1999, Tom 2001)

1. CURRENT AND PAST POSITIONS

2013-	Senior Researcher, Epidemiology, Biostatistics and Prevention Institute,
	Dpt of Epidemiology
2015-	President of the Society for Pediatric Sports Medicine
2006-16	Vice President of the International Society of Mountain Medicine
2009-16	Past President of the Sport and Exercise Medicine Switzerland

2. EDUCATION

2016	Titular Professorship at University of Zürich in Epidemiology
2008	Habilitation in Pediatrics: Physical activity in children with chronic disease, University of Basel
1999	Swiss Board Certification in Sports Medicine (Specialty degree, subtitle)
1994	Swiss Board Certification in Pediatrics (FMH)
1989	Medical doctorate at University of Zürich (Prof. O. Oelz): Gas exchange in Acute Mountain Sickness

3. PROFESSIONAL AND ACADEMIC EXPERIENCE

2013-	Senior researcher at the Epidemiology, Biostatistics and Prevention Institute, University of Zürich, Switzerland
	Group Leader for the group "Children, Physical Activity and Health"
2010	Course in Clinical effectiveness at Harvard School of Public Health, Boston, USA
2009-2013	Senior researcher at the Swiss Tropical and Public Health Institute, University of Basel including
	study coordination of a large national cohort study (Sapaldia)
2006-2011	Research assistant at the Institute of Exercise and Health Science, University of Basel.
	Acting leader of the medical division from 2006 - 2009
2002-2006	Research assistant at the Institute of Exercise Physiology, ETH/University of Zürich
1998-2003	Sports medicine clinic for young athletes, Dept. Of Pediatrics, Triemli Hospital, Zürich
1996-2002	Senior Registrar in Pediatrics, Dept. of Pediatrics, Stadtspital Triemli, Zürich
1996	Visiting doctor, Children's Hospital Boston, Harvard Medical School, Dept of Orthopedic Surgery
	and Sports Medicine (Director: Prof. L. M. Micheli)
1994-96	Postdoctoral fellowship, Children's Exercise and Nutrition Centre, McMaster University,
	Hamilton, Ontario/Canada (Director: Prof. Dr. O. Bar-Or)
1988-1994	Residency and Internship at Children's University Hospital of Zürich

4. RESEARCH PROJECTS AS LEADING INVESTIGATOR

I have during the last 12 years worked as leading scientist in the field of physical activity/fitness and health in children and young adults. Total received Grants as PI ~5 Mio CHF, from SNSF ~2.7 Mio CHF (CRSII3_147673; 320030_144175; 324730-124976; 3200B0-116837; PMPD33-114401), as Coinvestigator ~7.8 Mio CHF

My main interest and expertise is the study of influences of physical activity and fitness on health in healthy children and young adults and in those with chronic health conditions which is reflected in the funded research listed below.

5. PROMOTION OF YOUNG SCIENTISTS

I have mentored about 45 Master, 7 PhD theses and 3 Postdoctoral Fellowships

Postodoctoral Fellowships

- Gabriela Prado Peralta: (2020-ongoing): Characterization of prevalence, type, treatment, burden of disease and predictors of respiratory symptoms in very prematurely born children in the Zurich area (FLiP)
- Thomas Radtke (2014-18): Effects of a 6-months partially supervised conditioning program in cystic fibrosis: an international multi-centre, randomized controlled trial (ACTIVATE-CF)
- Cornelia Rebholz (2013-14): Relationship of stress and physical activity with psychological and physiological health in young children

PHD Theses

- Ruedi Jung (ongoing): Effects of a 1-year partially supervised exercise programme in child cancer survivors (SURFit) – a randomized controlled trial
- Simeon Zürcher (2015-2019): Physical activity and exercise and bone health in healthy children and in childhood cancer survivors
- Einat Schmutz (2014-18): Physical activity behavior in preschool children
- Claudia Aschmann (2013-18): Physical activity and fundamental movement skills in 3- to 5-year-old children
- Anina Zysset (2013-18): Motor Skills, Cognitive Skills and Executive Functions in Preschool Children
- *Ursina Meyer* (2009-2012): Three year follow up of a multi-component physical activity intervention on fitness and health in Swiss school-children
- *Iris Niederer (2008-2011)*: Influence of a multidisciplinary lifestyle intervention in kindergarten children on body fatness, fitness, physical activity, metabolic and psychological parameters
- Flavia Bürgi (2008-2011): Influence of a multidisciplinary lifestyle intervention in kindergarten children on body fatness, fitness, physical activity, metabolic and psychological parameters

6. FELLOWSHIPS, MEMBERSHIPS

Fellowships	
2006-2008	Marie-Heim-Vögtlin subsidy of the Swiss National Foundation (MHV, PMPDB-
	114401, 229'599 CHF) for the project "Effect of a school-based physical activity
	intervention on fitness and health in children"
1994-96	Personal grant of the Swiss National foundation for the post-doc fellowship at the
	Children's Exercise and Nutrition Center at McMaster University, Hamilton,
	Canada (57'000 sfr)
1994	Personal subsidy of the Permamedfonds for the postdoc fellowship in Canada
	(10'000 sfr)

Activities in scientific/professional organisations, relevant memberships

- President of the Society for Pediatric Sports Medicine (since 2015)
- Past President of the Swiss Society of Sports Medicine (presidency 2010-2016)
- International Olympic Commission (IOC) Expert member of a commission for promotion of physical activity and sports in childhood (since 2009)
- Board Member/Vice President of the International Society of Mountain Medicine (2006-2016)
- President of the Educational Commission of the Swiss Society of Sports Medicine (2005-2010)

7. ORGANISATION OF CONFERENCES

- 15th Annual meeting of the German Society of Children's Sports Medicine (since 2015)
- Annual meetings of the Swiss Society of Sports Medicine (2010-16)
- 8th Annual meeting of the German Society of Children's Sports Medicine at the Institute of Exercise and Health Sciences, University of Basel, 2008
- Children and Exercise XXIII the 23rd Pediatric Work Physiology Meeting, Gwatt-Thun, 2005

8. OUTREACH

General

As paediatrician and sports medicine physician and active member of national and international societies in paediatrics, sports medicine and high altitude I have educated lay people, professionals (paediatricians, sports medicine physicians) and students (exercise science and medical) in various fields linked to physical activity and exercise in the child: physiological reactions of exercise on the growing body, paediatric sports medicine, high altitude medicine, preventive aspects of physical activity and exercise in health and disease. I

still teach medical students at the university of Zürich in sports medicine, "Hausarztmedizin" and Prevention. As important stakeholder of national and international sports medicine associations I try to spread knowledge and the importance of physical activity for health in the child and adolescent.

Editorial Board

Sports Med

Reviewer for scientific journals/organisations

SNSF, BMJ, J Appl Physiol, Europ Respir J, J Travel Med, High Alt Med Biol, Pediatr Exerc Sci, J Pediatr, Eur J Pediatr, Eur J Appl Physiol, Clin J Sports Med, Bone, Applied Physiology, Nutrition and Metabolism, Arch Dis Child, Respiration, Schweiz Zt Sportmed Sporttraum, Dt Zt für Sportmedizin, Pediatr Exerc Sci, Eur Respir J

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