

Gregor James Jenny, Dr. sc. ETH

born 3 August 1976, Swiss-Australian

Professional Career

- Since 2021 Lecturer and Senior Researcher at the Center of Salutogenesis, UZH EBPI POH // Swiss School of Public Health (SSPH+)
- Since 2021 Course Director of the CAS in “Psychologie der Arbeit und Gesundheit in der digitalen Welt” [Psychology of Health and Work in the Digital World] (<http://bit.ly/cas-pagd>)
- Since 2014 Member of Management Board, Corporate Health Solutions (CHS) GmbH, a Spin-off of the University of Zurich
- 2012-2020 Senior Researcher, Division Public & Organizational Health (POH), Epidemiology, Biostatistics and Prevention Institute (EBPI), University of Zurich; before 09/2014: Institute of Social and Preventive Medicine, University of Zurich and Center for Organizational and Occupational Sciences, D-MTEC, ETH Zurich
- 2004-2012 Project Manager / Scientific Staff, Division Public & Organizational Health (POH), Institute of Social and Preventive Medicine, University of Zurich and Center for Organizational and Occupational Sciences, D-MTEC, ETH Zurich
- 2003-2005 Scientific Staff, University of Applied Sciences of Special Needs Education (HfH), Zurich
- 2002-2003 Scientific Assistant, Division Health and Intervention Research, Institute of Social and Preventive Medicine, University of Zurich
- 2001-2002 Project Assistant, Department of Education, Zurich, Office of Youth and Career Guidance

Education

- 2007-2009 Doctorate at ETH Zurich, Department of Management, Technology and Economics (D-MTEC); Dr. sc. ETH, with honors
- 1996-2003 Studies in Applied Psychology, Film and Modern History, University of Zurich, Faculty of Arts; MSc UZH
- 1989-1996 Grammar school in Gossau SG (Maturität Typ B, Latein)
- 1983-1989 Primary school in Andwil SG

Training

- Since 2016 Courses on digital technologies (e.g., social media use for scientists, agile software development)
- Since 2012 Courses on scientific methodology and didactics (e.g., structural equation models, multilevel analyses, psychology of learning)
- Since 2010 Courses on visual design (e.g., desktop publisher, information graphics, animation)

Current / Recent Projects

- 2021-2022 Application of AI in career guidance (Co-project manager, financed by the Bäsch Foundation, together with the ZHAW)
- 2020-2021 Development of the CAS in “Psychologie der Arbeit und Gesundheit in der digitalen Welt” [Psychology of Health and Work in the Digital World] (<http://bit.ly/cas-pagd>)
- 2019-2021 Workplace Health Promotion (WHP) monitoring in Swiss companies (Project member, financed by Health Promotion Switzerland, together with the FHNW)
- 2018-2021 Effectiveness study on the online team coach 'wecoach' (Project manager, financed by the Swiss National Science Foundation, SNSF)
- 2017-2018 Non-verbal assessment of positive and negative activation (Co-project manager, financed by the Bäsch Foundation, together with the ZHAW)

Lecturer

University of Zurich; ETH Zurich
Zurich University of Applied Sciences (ZHAW)
University of Applied Sciences and Arts Northwestern Switzerland (FHNW)

Reviewer

Journal of Occupational Health Psychology (Editorial Board)

BioMed Public Health; Frontiers in Psychology; Health Promotion International; Human Factors and Ergonomics in Manufacturing and Service Industries; International Journal of Ergonomics; International Journal of Human Factors and Ergonomics; International Journal of Workplace Health Management; Safety Science

Memberships

European Academy of Occupational Health Psychology (EA-OHP)

European Association of Work and Organizational Psychology (EAWOP)

Society for Occupational Health Psychology (SOHP)

Schweizerische Gesellschaft für Arbeits- und Organisationspsychologie (SGAOP)

Recent Journal Publications (by year)

Broetje, S., Bauer, G. F., & Jenny, G. J. (2020). The relationship between resourceful working conditions, work-related and general sense of coherence. *Health Promotion International*, 35(5). <https://doi.org/10.1093/heapro/daz112>

Broetje, S., Jenny, G. J., & Bauer, G. F. (2020). The Key Job Demands and Resources of Nursing Staff: An Integrative Review of Reviews. *Frontiers in Psychology*, 11, Article 84. <https://doi.org/10.3389/fpsyg.2020.00084>

Fridrich, A., Bauer, G. F., & Jenny, G. J. (2020). Development of a Generic Workshop Appraisal Scale (WASC) for Organizational Health Interventions and Evaluation. *Frontiers in Psychology*, 11. <https://doi.org/10.3389/fpsyg.2020.02115>

Grimm, A. L., Bauer, G. F., & Jenny, G. J. (2020). A digital tool to build the capacity of leaders to improve working conditions related to psychological health and wellbeing in teams: Intervention approach, prototype, and evaluation design of the web-application ‘wecoach.’ *Frontiers in Digital Public Health*. <https://doi.org/10.3389/fpubh.2020.521355>

Jenny, G. J., Bauer, G. F., Füllemann, D., Broetje, S., & Brauchli, R. (2020). “Resources-Demands Ratio”: Translating the JD-R-Model for company stakeholders. *Journal of Occupational Health*, 62(1), 1348-9585.12101. <https://doi.org/10.1002/1348-9585.12101>

Lehmann, A. I., Brauchli, R., Jenny, G. J., Füllemann, D., & Bauer, G. F. (2020). Baseline psychosocial and affective context characteristics predict outcome expectancy as a process appraisal of an organizational health intervention. *International Journal of Stress Management*, 27(1). <https://doi.org/10.1037/str0000119>

Schreiber, M., & Jenny, G. J. (2020). Development and validation of the ‘Lebender emoticon PANAVA’ scale (LE-PANAVA) for digitally measuring positive and negative activation, and valence via emoticons. *Personality and Individual Differences*, 160, 109923. <https://doi.org/10.1016/j.paid.2020.109923>

Lehmann, A. I., Brauchli, R., Jenny, G. J., Füllemann, D., & Bauer, G. F. (2018). Baseline psychosocial and affective context characteristics predict outcome expectancy as a process appraisal of an organizational health intervention. *International Journal of Stress Management*. <https://doi.org/10.1037/str0000119>

Wepfer, A. G., Allen, T. D., Brauchli, R., Jenny, G. J., & Bauer, G. F. (2017). Work-Life Boundaries and Well-Being: Does Work-to-Life Integration Impair Well-Being through Lack of Recovery? *Journal of Business and Psychology*. <https://doi.org/10.1007/s10869-017-9520-y>

Fridrich, A., Jenny, G. J., & Bauer, G. F. (2016). Outcome expectancy as a process indicator in comprehensive worksite stress management interventions. *International Journal of Stress Management*, 23(1), 1–22. <http://doi.org/10.1037/a0039202>

Füllemann, D., Fridrich, A., Jenny, G. J., Brauchli, R., Inauen, A., & Bauer, G. F. (2016). The relevance of intervention participants’ process appraisal for change in well-being and lean work processes of entire teams. *Journal of Organizational Effectiveness: People and Performance*, 3(4), 376–394. <http://doi.org/10.1108/JOEPP-02-2016-0006>