

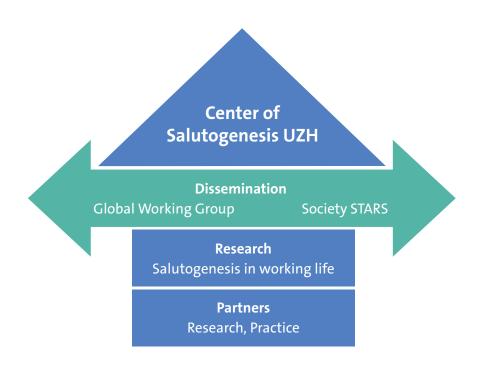
University of Zurich^{uz}^H

Epidemiology, Biostatistics and Prevention Institute

Center of Salutogenesis – about the origin of positive health Launch & Symposium

September 8th 2017 14:00 – 17:30, University of Zurich

In collaboration with the Global Working Group of Salutogenesis



Program

14:00	Welcome and overview of Salutogenesis Prof. Georg Bauer, Head of the Center of Salutogenesis, EBPI, UZH
14:15	Origin of Salutogenesis by Aaron Antonovsky
	Prof. Shifra Sagy, Ben Gurion University, Israel
14:45	Developments of Salutogenesis after Antonovsky
	Prof. Maurice Mittelmark, University of Bergen, Norway
	Chair: Dr. Lenneke Vaandrager, Associate Professor, Wageningen University, the Netherlands
15:15	Salutogenesis in the context of health care
	Prof. Jürgen Pelikan, University of Vienna, Austria
15:45	Break
16:15	Salutogenesis beyond health: Sense of coherence and intergroup relations Prof. Adi Mana, School of Behavioral Sciences,
	Peres Academic Center, Rehovot, Israel
	Chair: Prof. Pauline Bakibinga, African Population and Health Research Center, Kenya
16:45	Contribution of the Center to the future of Salutogenesis
	Dr. Rebecca Brauchli, Center of Salutogenesis, EBPI, UZH
	Dr. Gregor Jenny , Center of Salutogenesis, EBPI, UZH
17:10	Launch of the Center
	Prof. Michael Hengartner, President UZH
	Prof. Milo Puhan , Head Epidemiology, Biostatistics and Prevention
	Institute, UZH
17:30	Reception / Aperitiv

Speakers at the Symposium

At the symposium, **experts of the Global Working Group of Salutogenesis** will provide an overview of the origin, recent developments and current applications of Salutogenesis in public health, health care and conflict studies. The **founders of the Center** of Salutogenesis will provide an outlook on future research and transfer into practice.

- **Prof. Shifra Sagy** was involved in the development of the concept of Salutogenesis with Aaron Antonovsky.
- **Prof. Maurice Mittelmark** is the main editor of the first global Handbook of Salutogenesis, published last year.
- Prof. Jürgen Pelikan is founder of the WHO Health Promoting Hospital Network.
- **Prof. Adi Mana** applies Salutogenesis to the field of conflict studies, examining the effect on openness to others.
- **Prof. Georg Bauer** is co-editor of the Handbook of Salutogenesis and applies this concept to working life.
- **Dr. Gregor Jenny** is co-editor of the book Salutogenic Organizations and Change and currently develops a digital coaching app for salutogenic team development.
- **Dr. Rebecca Brauchli** researches patterns of job, boundary and recovery crafting in flexible working life and their impact on health.

Location of the event



University Main Building, City Campus, Lecture Hall KO2-F-180A Karl Schmid-Strasse 4, 8006 Zurich Tram 6, 10 from Zurich Main Station, Tram stop ETH/USZ **Center of Salutogenesis**

Salutogenesis is the concept of the **origin of health** (Antonovsky 1979, 1987). It focuses on strengthening individual and social resources that protect and actively promote health.

The University of Zurich founds the **Center of Salutogenesis** with support by a private foundation. The Center aims for the **scientific advancement and dissemination** of Salutogenesis.

<u>Research</u> of the Center focuses on <u>Salutogenesis in working life</u> as a challenging and fast-changing context for health:

- Work-related sense of coherence and positive health
- Salutogenesis in team work and health care work
- Salutogenesis in crafting jobs and work-related life styles

The dissemination happens through two channels:

- The **Global Working Group of Salutogenesis** of the International Union of Health Promotion and Education
- The interdisciplinary Society for Theory and Research on Salutogenesis (STARS)

The center engages in regular **conferences** and works closely with various (inter-)national **research and practice partners**.

Launch

The Center will be **opened** by the **president** of the University of Zurich, **Prof. Michael Hengartner**, as well as by the **director** of the hosting Institute of Epidemiology, Biostatistics and Prevention, **Prof. Milo Puhan**. The head of the Center, **Prof. Georg Bauer**, will give an overview of the aims and strategies of the Center.