



# Martin Tušl

Psychologist



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## Education

### ● Charles University in Prague, Czech Republic

Master of Psychology (2014-2017)

M.Sc. thesis: Accessibility and Quality of Mental Health Care for Foreigners in Prague (final grade: A)

Bachelor of Psychology (2010-2014)

### ● Study abroad

University of Padova, Italy

Erasmus+ student: summer semester 2015/2016

University of Queensland, Australia

International exchange student: winter semester 2015/2016

University of Toulouse - Jean Jaurès, France

Erasmus student: winter & summer semester 2012/2013

## Skills

### ● Language skills

Czech (native)	●	●	●	●	●	●
English	●	●	●	●	●	◐
French (DALF C1)	●	●	●	●	●	○
Italian	●	●	●	●	●	○
Portuguese	●	●	●	●	○	○
Spanish	●	●	●	○	○	○
German	●	●	●	○	○	○

### ● IT skills

Microsoft Office	●	●	●	●	●	○
Adobe InDesign	●	●	●	●	○	○
SPSS	●	●	●	●	○	○
R	●	●	●	○	○	○

## Conferences

- 6th Conference on Salutogenesis (17/06 - 18/06/2021)  
Presentation: Adaptive strategies for satisfaction of psychological needs during the COVID-19 pandemic and their association with the sense of coherence
- 19th EAWOP Congress, Turin, Italy (29/05 - 01/06/2019)  
Poster: Human Factors in Helicopter Shipboard Landing

## Scientific publications

- Tušl, M., Brauchli, R., Kerksieck, P., & Bauer, G. F. (2021). Impact of the COVID-19 crisis on work and private life, mental well-being and self-rated health in German and Swiss employees: a cross-sectional online survey. *BMC Public Health*, 21(1), 1-15.
- Tušl, M., Rainieri, G., Fraboni, F., De Angelis, M., Depolo, M., Pietrantonio, L., & Pingitore, A. (2020). Helicopter pilots' tasks, subjective workload, and the role of external visual cues during shipboard landing. *Journal of Cognitive Engineering and Decision Making*, 14(3), 242-257.
- Tušl, M., Gato, J., Tasker, F., & Figueroa, V. (2019). Czech Psychology Students' Attitudes Toward Same-sex Parenting. *Psychology & Sexuality*, 11(3), 243-253.

## Professional experience

### ● University of Zürich, Switzerland

PhD Student (02/2020 - present)

Research group: EPBI Public & Organizational Health, Center of Salutogenesis

Research topic: Crafting as a salutogenic way of life - individual strategies to promote health and well-being at work

Supervisor: prof. Georg Bauer

### ● University of Bologna, Italy

Research assistant (05/2018 - 07/2019)

Research group: Human Factors, Risk and Safety

Main tasks: preparation of project proposals, literature review, data collection and data analysis, publication of scientific articles, team management, activities related to the funded projects.

Mental Health in the Workplace (H2020 call SC1-BHC-22-2019): Preparation of a project proposal (H-WORK) for 1<sup>st</sup> and 2<sup>nd</sup> stage of the Horizon 2020 call.

### ● University of Porto, Portugal

Trainee researcher (10/2017 - 04/2018)

Erasmus+ post-graduate internship: international quantitative research to evaluate attitudes of psychology students toward different parenting models (i.e. heterosexual and same-sex couples) in different countries (Portugal, the UK, Chile, Czech Republic).

Main tasks: preparation of the questionnaires, data collection from the Czech and Portuguese samples, data analysis, writing and publishing a scientific paper.

### ● Czech National Institute of Mental Health

Research intern (01/2017 - 06/2017)

Internship: replication study on cognitive functioning in patients who are diagnosed with major depression: Analytical rumination hypothesis (Andrews & Thompson, 2009).

Main tasks: data collection from the patients using Mini International Neuropsychiatric Interview, Montgomery-Asberg Depression Rating Scale (MADRS) and various cognitive tests.

## References

- prof. Georg Bauer, University of Zürich
- prof. Luca Pietrantonio, University of Bologna
- Jorge Gato, PhD, University of Porto