

# Curriculum Vitae

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 Epidemiology, Biostatistics and Prevention  
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## Education

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- 08/2016 – 12/2019 Ph.D. at the Epidemiology, Biostatistics und Prevention Institute, University of Zurich, Switzerland  
*Centre of Salutogenesis, Head: Prof. Georg Bauer*  
 Ph.D. Thesis: *"Improving Psychosocial Health at Work: When and why is an Organizational Health Intervention Effective?"*  
 Ph.D.-Program: "Swiss School of Public Health" and "Epidemiology & Biostatistics"
- 02/2014 – 04/2015 Psychology (M.Sc.) at the University Konstanz, Germany  
*Specialization: Clinical Psychology, Work- and Health Psychology*
- 10/2010 – 02/2014 Psychology (B.Sc.) at the University of Konstanz, Germany
- 10/2009 – 03/2010 Semester abroad at the Ateneo de Manila University, Philippines
- 10/2007 – 02/2011 Business Administration (B.Sc.) at the Ludwigs-Maximilians-University Munich, Germany

## Work Experience

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- 03/2020 – today Clinical Psychologist (50%) at the Psychiatric Clinic Münsterlingen, Switzerland
- 01/2020 – today Postdoctoral Researcher at the Epidemiology, Biostatistics und Prevention Institute, University of Zurich, Switzerland  
*Centre of Salutogenesis, Head: Prof. Georg Bauer*
- 08/2016 – 12/2019 Ph.D. Candidate at the Epidemiology, Biostatistics and Prevention Institute, University of Zurich, Switzerland  
*Centre of Salutogenesis, Head: Prof. Georg Bauer*
- 01/2016 – 07/2016 Research and Teaching Associate at the Department of Psychology, University of Zurich, Switzerland  
*Personality and Assessment, Head: Prof. Willibald Ruch*

- 07/2014 – Project Assistant “Diversity: Studying with mental impairment“ at the  
03/2015 University of Konstanz, Germany  
*Office for Equal Opportunities and Family Support at University of Konstanz*
- 01/2014 – Scientific internship (6 months) at the ETH Zurich, Switzerland  
06/2014 *Department of Psychology in Work and Society, Head: Prof. Theo Wehner*
- 10/2012 – Internship (6 months) at the Psychiatric Clinic of the Ludwigs-Maximilians-  
04/2013 University Munich, Germany
- 02/2012 – Internship at the Clinic Schmieder, Konstanz, Germany  
04/2012 *Psychotherapeutic treatment at the Neurology*

## Teaching Experience

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- 02/2019 – Tutor, "Promoting health at work", ETH Zurich  
06/2019
- 10/2016 – Tutor, "Stress prevention" for medical students, University of Zurich  
12/2019
- 02/2016 – Lecturer, "Conducting experimental research in psychology" at the  
06/2016 Department of Psychology, University of Zurich