

Curriculum Vitae

Name: Anja Isaura Lehmann, Ph.D.
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 Epidemiology, Biostatistics and Prevention
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Education

- 08/2016 – 12/2019 Ph.D. at the Epidemiology, Biostatistics und Prevention Institute, University of Zurich, Switzerland
Centre of Salutogenesis, Head: Prof. Georg Bauer
 Ph.D. Thesis: *"Improving Psychosocial Health at Work: When and why is an Organizational Health Intervention Effective?"*
 Ph.D.-Program: "Swiss School of Public Health" and "Epidemiology & Biostatistics"
- 02/2014 – 04/2015 Psychology (M.Sc.) at the University Konstanz, Germany
Specialization: Clinical Psychology, Work- and Health Psychology
- 10/2010 – 02/2014 Psychology (B.Sc.) at the University of Konstanz, Germany
- 10/2009 – 03/2010 Semester abroad at the Ateneo de Manila University, Philippines
- 10/2007 – 02/2011 Business Administration (B.Sc.) at the Ludwigs-Maximilians-University Munich, Germany

Work Experience

- 01/2020 – 10/2020 and 10/2021 – today Postdoctoral Researcher at the Epidemiology, Biostatistics und Prevention Institute, University of Zurich, Switzerland
Centre of Salutogenesis, Head: Prof. Georg Bauer
- 03/2020 – today Psychologist at the Psychiatric Clinic Münsterlingen, Switzerland
- 08/2016 – 12/2019 Ph.D. Candidate at the Epidemiology, Biostatistics and Prevention Institute, University of Zurich, Switzerland
Centre of Salutogenesis, Head: Prof. Georg Bauer

- 01/2016 – Research and Teaching Associate at the Department of Psychology,
07/2016 University of Zurich, Switzerland
Personality and Assessment, Head: Prof. Willibald Ruch
- 07/2014 – Project Assistant “Diversity: Studying with mental impairment“ at the
03/2015 University of Konstanz, Germany
Office for Equal Opportunities and Family Support at University of Konstanz
- 01/2014 – Scientific internship (6 months) at the ETH Zurich, Switzerland
06/2014 *Department of Psychology in Work and Society*, Head: Prof. Theo Wehner
- 10/2012 – Internship (6 months) at the Psychiatric Clinic of the Ludwigs-Maximilians-
04/2013 University Munich, Germany
- 02/2012 – Internship at the Clinic Schmieder, Konstanz, Germany
04/2012 Psychotherapeutic treatment at the Neurology

Teaching Experience

- 10/2021– Lecturer "Stress prevention" for medical students, University of Zurich
today
- 02/2019 – Tutor, "Promoting health at work", ETH Zurich
06/2019
- 10/2016 – Tutor, "Stress prevention" for medical students, University of Zurich
12/2019
- 02/2016 – Lecturer, "Conducting experimental research in psychology" at the
06/2016 Department of Psychology, University of Zurich