

Curriculum Vitae

Eva Christine Martin-Diener, MSc MPH

Born 27 February 1956, Winterthur, Switzerland

Married, one daughter (born 1995)



Education

- 1994-1999 Master of Public Health from joint programme of the universities of Basle, Bern und Zurich, Switzerland, with credits achieved at the Harvard School of Public Health, Boston, USA
- 1993-1994 Postgraduate training course „Fitness, Training, Health“, University of Basle, Switzerland
- 1982-1986 Diploma I and II in physical education, Swiss Federal Institute of Technology Zurich and University of Basle
- 1975-1979 Diploma in natural sciences (equivalent to Master of Science in Chemistry), Swiss Federal Institute of Technology Zurich

Professional Experience

- Since 2010 Researcher and project leader, Physical Activity and Health Unit, Epidemiology, Biostatistics and Prevention Institute, University of Zurich, Switzerland
Research areas and responsibilities: Intervention study on physical activity, fitness and injuries in school children; literature reviews and publication projects; grant proposals; leader of a European working group; coaching of master students
- 2003-2010 Researcher and project leader, Physical Activity and Health Unit, Federal Institute of Sport at the Federal Office of Sport, Magglingen, Switzerland
Research areas and responsibilities: project evaluations; development of policies and strategies in physical activity promotion; collaboration with other sectors on national level; teaching, coaching of students
- 1997-2002 Researcher, Department Health Promotion and Intervention, Institute of Social and Preventive Medicine, University of Zurich
Research areas and responsibilities: development of tailored interventions for smoking cessation, resp. physical activity promotion; project evaluations
- 1994-1995 Research assistant, Institute of Social and Preventive Medicine, University of Basle, Switzerland
Research areas: women's health; health effects of second hand smoke
- 1985-1993 Teacher for chemistry and sports at the vocational school of ciba (later Novartis); teacher for chemistry at high school; teacher in courses for adults; Muttenz and Liestal, Switzerland
- 1976-1985 Several posts as school teacher in the Cantons of Zurich and Basle, Switzerland
- 1982 Teaching assistant in chemistry at the Oregon State University in Corvallis, USA
- 1980-1981 Research and teaching assistant at the Laboratory of Organic Chemistry, Swiss Federal Institute of Technology Zurich

Selected Publications

- Martin-Diener E, Meyer J, Braun J, Tarnutzer S, Faeh D, Rohrmann S, Martin BW. The combined effect on survival of four main behavioural risk factors for non-communicable diseases. *Prev Med* 2014; 65:148–152.
- Martin-Diener E, Kahlmeier S, Vuillemin A, van Mechelen W, Vasankari T, Racioppi F, Martin BW. 10 years of HEPA Europe: what made it possible and what is the way into the future? *Schweiz Z Sportmed Sporttraumatol* 2014; 62(2): 6–12.
- Wanner M, Martin-Diener E, Frick C, Kriemler S, Martin BW. Effects of a two day teachers' training course on activity time in physical education. *Open Journal of Preventive Medicine*, 2014; 4:317-326.
- Bull F, Milton K, Kahlmeier S, Arlotti A, Juričan AB, Belander O, Martin B, Martin-Diener E, Marques A, Mota J, Vasankari T, Vlasveld A. Turning the tide: national policy approaches to increasing physical activity in seven European countries. *Br J Sports Med*. 2014 Mar 28.
- Martin-Diener E, Wanner M, Kriemler S, Martin BW: Associations of objectively assessed levels of physical activity, aerobic fitness and motor coordination with injury risk in school children aged 7-9 years: a cross-sectional study. *BMJ Open* 2013, 3(8).
- Wanner M, Götschi T, Martin-Diener E, Kahlmeier S, Martin BW. Active transport, physical activity, and body weight in adults: A systematic review. *Am J Prev Med* 2012, 42(5):493-502.
- Kriemler S, Meyer U, Martin-Diener E, van Sluijs EMF, Andersen LB, Martin BW. Effect of school-based interventions on physical activity and fitness in children and adolescents: a review of reviews and systematic update. *Br J Sports Med* 2011; 923-930.
- Wanner M, Martin-Diener E, Bauer GF, Stamm H, Martin BW: Allez Hop, a nationwide programme for the promotion of physical activity in Switzerland: what is the evidence for a population impact after one decade of implementation? *Br J Sports Med* 2011, 45(15):1202-1207.
- Wanner M, Martin-Diener E, Bauer G, Braun-Fahrländer C, Martin BW: Comparison of Trial Participants and Open Access Users of a Web-Based Physical Activity Intervention regarding Adherence, Attrition, and Repeated Participation. *J Med Internet Res* 2010, 12(1):e3.
- Daugbjerg SB, Kahlmeier S, Racioppi F, Martin-Diener E, Martin B, Pekka O, Bull F. Promotion of physical activity in the European region: Content analysis of 27 national policy documents. *J Phys Act Health* 2009; 6: 805-817.
- Wanner M, Martin-Diener E, Braun-Fahrländer C, Bauer G, Martin BW: Effectiveness of Active-online, an individually tailored physical activity intervention, in a real-life setting: Randomized controlled trial. *J Med Internet Res* 2009, 11(3):e23.
- Jimmy G, Ruch N, Martin-Diener E, Martin BW. A walk to kindergarten project in Switzerland: needs assessment, comparison of outcome assessment methods and follow-up over three years. *Schweiz Z Sportmed Sporttraumatol* 2009; 57 (2): 51-55.
- Dombois Thommen O, Braun-Fahrländer C, Martin-Diener E. Comparison of adult physical activity levels in three Swiss alpine communities with varying access to motorized transportation. *Health & Place* 2007; 13 (3): 757-66.
- Surbeck R, Martin-Diener E, Grize L, Thommen O, Braun-Fahrländer C. .Bike to work pilot project 2005: a comparison of characteristics, behaviour, and motives of participants and non-participants of an active commuting campaign in Switzerland. *European Journal of Public Health* 2006; 16: 198.
- Martin-Diener E, Thuring N, Melges T, Martin BW. The Stages of Change in three stage concepts and two modes of physical activity: a comparison of stage distributions and practical implications. *Health Educ Res* 2004; 19(4): 406-17.